## 10 WARNING SIGNS

Memories often change with age, but memory loss that disrupts daily life is not a typical part of the process. It may be a symptom of dementia - a slow decline in memory, thinking and reasoning skills. The most common form of dementia is Alzheimer's (AHLZ-high-merz) disease, a fatal disorder that results in the loss of brain cells and function.



## 10 WARNING SIGNS OF ALZHEIMER'S:



Memory loss that disrupts daily life



Challenges planning or solving problems



Difficulty completing familiar tasks



Confusion with time or place



Trouble understanding visual images and spatial relationships



Misplacing things and losing the ability to retrace steps



New problems with spoken or written language



Decreased or poor judgement



Changes in mood or personality



Withdrawal from work or social activity

Need more help with an Alzheimer's diagnosis?

Use the QR code to view our website for more resources.



knowalz-il.org

